

Division of Child and Adolescent Psychiatry Annual Report 2016-2017

Once again, it is with great pleasure that I report on the activities of the academic Division of Child and Adolescent Psychiatry (DCAP) for this past year. I am so appreciative, not only of our division academic leaders, but of all the members of the division, Child and Adolescent Psychiatrists and Inter-professional colleagues, who give us so much of their time and expertise and to our administrative staff who support us so well..

As always, while the emphasis of this annual report will be on academic activity, relevant comments will be made to some aspects of academically-linked service delivery.

CAP UNDERGRADUATE EDUCATION:

This year marked a significant honour in the area of Undergraduate Education for one of our Division members as Dr. Heidi Haensel received a Schulich Award of Excellence in Undergraduate Education at the Awards Ceremony for the Schulich School of Medicine and Dentistry in May.

Dr Heidi Haensel is Child and Adolescent Psychiatry (CAP) Undergraduate Medical Education director and reports on her portfolio: “This was another successful year in UGE, as we continue to grow knowledge, interest and enthusiasm for Child and Adolescent Psychiatry among our Undergraduate Medical students. The Child and Adolescent Psychiatry week of lectures was well received, with a very attentive and thoughtful Second Year class

presence. The lecturers appreciated the well considered questions they received. We continued to deliver interdisciplinary content, with a new Speech and Language Pathology lecturer, Joan Gardiner from CPRI, joining the schedule. Lectures on Eating Disorders and Learning Disorders were significantly revised this year under the initiatives of Dr. Devita Singh, Dr. Aleksandra Nowicki, and Kathy McKay, Registered Dietitian, to create a very engaging space for learning about these topics.

In our Child and Adolescent Clerkship, we continue to grow in positive directions. We have welcomed a number of junior faculty to our Clerkship lecture series, including Dr. Ray Egan, Dr. Michelle Ngo, and Dr. Joy Abramson, and our undergraduate trainees are benefitting from their enthusiasm. Interest in Child Psychiatry as an elective and selective choice for clerks is thriving as well, as we welcomed 51 Year Three selective students from Western University, and 11 Fourth year elective students, from Western as well as from other Canadian Medical Schools and from Medical Schools around the world. These students appreciated the enthusiasm, and high level of skills and knowledge of their clinical teachers. Our Child and Adolescent undergraduate teaching award recipient this year, Dr Rob Nicolson, scored as highly on his teaching evaluations as the recipient for the Undergraduate Award for the Department of Psychiatry”.

CAP POSTGRADUATE MEDICAL EDUCATION

Child and Adolescent Psychiatry, both core and CAP Subspecialty training, has thrived under the leadership of Dr Patricia Hall.

Most deservedly Dr Hall received the CAP Post Graduate Educator of the year award, selected by the resident group, at the Department of Psychiatry Annual Awards on June 13th. Dr Nina McCurdy PGY# received the prestigious Paul Patterson Teaching Award.

Dr Patty Hall reports on Postgraduate Education in Child and Adolescent Psychiatry:

“It has been a busy year with Child and Adolescent Psychiatry Lectures being provided for PGY-1, PGY-3 trainees and for the subspecialty program. The success of the academic curriculum over the past year was in part due to the excellent administrative support of Faye Slote, Suzy Mendes, Bela Franze, Georgina DeRegt and Tracy Henebry. Clinically, there has been an increasing demand for rotations. I would like to thank Tracy Henebry for her efforts in maintaining the clinical rotation schedule.

The PGY-3 residents participated in 6 months training in Child and Adolescent Psychiatry. During the 6 block rotation, residents spent 3 blocks in an inpatient setting and 3 blocks in an ambulatory setting. Residents also completed 2 weeks of Developmental Disabilities clinical training, family therapy training, one telepsychiatry consultation and one STACER. Learning objectives were reviewed and updated for the academic year in preparation for the accreditation of the Psychiatry Program in early 2017. The curriculum was reviewed for the PGY-3 year and with feedback from residents the number of Child and Adolescent Core Module Lectures increased to 25 lecturers. Child and Adolescent Psychiatry is also offered in the PGY-1 curriculum. Clinically PGY-1 residents all participated in a one month clinical rotation on the inpatient unit at London Health Sciences Child and Adolescent Mental Health Care Program. We are experiencing a welcome increase in the number of Family Medicine Resident requests for an elective in Child and Adolescent Psychiatry. Residents are also invited to participate and attend the Division Complex Case Rounds and Journal Club Rounds.

Clinical rotations over the year include planned core rotations for PGY-1, PGY-3 and Subspecialty residents. Electives are also available for PGY-1 and senior residents, and subspecialty residents. PGY-2 residents are given an orientation information package including learning objectives for the PGY-3 year. Please see the CAP resident's handbook for more information which is on the department website. For faculty working with subspecialty residents, learning objectives are also available on the department website, and this is also sent out prior to the start of the rotation. Thank you to Ms. Stephanie Rabenstein who is the Family Therapy Coordinator for ensuring family therapy skills are incorporated into the CAP clinical teaching units. The Faculty/Resident Orientation Manual and the Subspecialty Resident Orientation Manual have been updated by the CAP postgraduate office for the upcoming 2017/2018 academic year.

I would like to take this opportunity to update the department on the membership of the CAP Resident Program Committee (CAP RPC): current committee members include Dr. Ray Egan, Psychotherapy Coordinator and Vanier Children's Services Site Representative; Dr. Jeff Carter, Research Director; Dr. Javeed Sukhera, Curriculum Coordinator and LHSC Site Representative; Dr. Sohail Makhdoom, CPRI Site representative; Dr. Pamela Horne, Evaluations Coordinator; Dr. Yousha Mirza, Windsor Site Representative; Dr. Sandra Fisman CAP Division Chair and Parkwood Institute Site Representative; Dr. Michelle Ngo, FEMAP site representative; Dr. Joy Abramson, Safety Representative; Dr. Patricia Hall, Program Director; and Ms. Tracy Henebry, Program Administrator. The RPC has been busy over the past year preparing for our internal review that will occur in July 2017. Thank you to all faculty who have provided their time and expertise in helping to prepare the presurvey questionnaire for the Royal College survey team. Our previous internal review in 2014 resulted in the status of "Accredited

Program with follow up by Next Regular Survey” (i.e. full approval). The CAP RPC is looking forward to the survey team’s recommendations to assist us in our external review that will occur in 2019.

The Residency Program Committee for the Child and Adolescent Psychiatry subspecialty program would like to congratulate Dr. Joy Abramson for her successful completion of subspecialty residency training in Child and Adolescent Psychiatry in November 2016. We wish Dr. Abramson the best of luck on her subspecialty FRCPC exam in the fall of 2017. Dr. Joy Abramson was successful in receiving ethics approval to proceed in her research on weight stigma in medicine. We would like to congratulate Dr. Abramson on her new position as Assistant Professor in Psychiatry in the Division of Child and Adolescent Psychiatry, Schulich School of Medicine and Dentistry, Western University, and Psychiatrist at the Child and Adolescent Mental Health care Program Inpatient and Outpatient Programs.

The CAP RPC would also like to announce that we were successful in recruiting 3 subspecialty resident who will start July 2017. Thank you to Ms. Henebry for her efforts in organizing a successful recruitment day, and to Dr. Fisman and Dr. Sukhera who have graciously offered their homes to host resident recruitment events. We are pleased to welcome Dr. Sonia Wadhwa (Western University), Dr. Richard Painter (University of Manitoba) and Dr. Charles Ho (Western University) to their first year of subspecialty training here at Western University.

As a reminder, applications for July 2018 are due in September, 2017. Please refer to the department website for more information in regards to application requirements. For any questions concerning the subspecialty program, please contact Dr. Patricia Hall, Program Director, or Tracy Henebry, Program Administrator. Also, please be advised that information about the subspecialty program and other agenda items of

the RPC is shared at CAP division meetings, CAP advisory meetings, Department of Psychiatry advisory committee meetings and departmental newsletters. If more specific information is required or if there are any questions please feel free to contact the CAP postgraduate education office”

CAP CONTINUED PROFESSIONAL DEVELOPMENT (CPD):

Dr Naveed Rizve continues to capably lead the CAP Continued Professional Development Program, ably assisted by Georgina DeRegt. We continue to be blessed with a rich CPD program and we are so appreciative of Dr Rizve's committed leadership.

This past fall at the annual national meeting in Montreal, Dr Rizve received the CACAP Excellence in Education Award for his CPD contributions.

Dr Rizve reports on the CDP activities for the past year:

“2016-2017 was a successful and a rewarding year for the DCAP Professional Development Program. During this academic year, DCAP offered a variety of evidence-based inter-professional CPD activities including: the DCAP Annual Meeting, DCAP Annual Conference, the Department of Psychiatry CPD Morning arranged by the Division of Child and Adolescent Psychiatry and Complex case Rounds. Please see the attached list of the 2016-2017 DCAP CPD activities (below).

The DCAP continued to focus on inter-professional learning. In the spirit and intent of this, the 2016-2017 CPD events were planned and arranged in collaboration with DCAP faculty and community partners. This resulted in learning opportunities not only for the DCAP members but also for the community child care providers. With regards to topics, format and contents of DCAP CPD events, the evaluations and feedback from attendees has been extremely positive. Overall, the DCAP CPD activities were evaluated as helpful to advance skills and knowledge for

provision and improvement in Children and Youth Mental Health services.

There are many people to thank for the success of the CPD programs. These include the planning committee members for the Annual Conference and DCAP Advisory Committee, which serves as a planning committee for DCAP Annual Meeting and Complex Case Rounds. I would also like to thank all the speakers who presented at 2016-2017 DCAP CPD events and made these CPD events such excellent learning opportunities.

I would like to express appreciation and thanks to Dr. Sandra Fisman, Chair of the Division of Child and Adolescent Psychiatry as well as our faculty members for their ongoing support and advice. I would also like to express my thanks to Georgina DeRegt, CPD Administrator for her interest, commitment and ongoing efforts in organizing DCAP CPD events”.

Georgina can you insert these*

2016/17CPD events organized by the DCAP

OTN videoconferencing access to CPD events was provided to Community partners including CPRI, Parkwood Institute, Hôtel-Dieu Grace Healthcare and the Children Mental Health Agencies associated with the CPRI Hub of the Tele-Mental Health Services

Upcoming CPD Events for 2017-2018*

CAP RESEARCH REPORT

Dr Jeff Carter is our devoted Research Director for the DCAP and we so much appreciate his continued and devoted leadership, in combination with his important role in the MCYS Lead Agency Provincial Consortium and the local London-Middlesex Lead Agency. The detailed Research report for the 2016-2017 year is currently being compiled and will be available after all submissions are received at the end of the academic year (June 30,2017).In particular Dr Carter coordinates and supervises the mandatory research projects for our CAP Subspecialty trainees.

Dr Carter reports on the current DCAP research vision and overview of the year:

“Our goal continues to be to grow the profile of research within the Division. I would like to thank Dr. Paul Links for his support of research initiatives in his tenure as department chair. I would also like to thank Faye Slote, Georgina DeRegt, and Brenda Davidson for all of their administrative and organizing work for research within the Division. We welcome Georgina and wish Faye all the best in her new endeavors. We have aligned our annual research reporting with Department reporting to reduce the administrative burden on researchers.

We have experimented with a Research meeting separate from the Division Psychiatrists’ meeting and are looking for the best way to coordinate efforts. Obtaining dedicated time for Division members to be released from clinical duties to conduct research is a significant challenge.

Last year, the Division successfully held the Fourth Annual Research Half Day on November 7, 2016. The theme was “Policy and Practice”

and we featured a panel discussion “Youth and Marijuana: The Brain Matters.” We changed the format to focus on the panel discussion with local speakers, and were honoured to have Dr. Elizabeth Osuch, Dr. Steven Laviolette, and Muriel Abbott present. We had many wonderful posters, and Dr. Javeed Sukhera and his colleagues Kristina Miller, Alexandra Milne, Christina Scerbo, Roderick Lim, Alicia Cooper, and Chris Watling won the best poster award for “Labeling of Mental Illness in a Paediatric Emergency Department and Its Implications for Stigma Reduction Education”. This year, the Fifth Annual Research Half Day will be held on the morning of Thursday November 30, 2017. The theme is “Measuring Outcomes.” We are continuing with the local panel discussion format with Dr. Shannon Stewart, Dr. Kelly Anderson, and myself. A call for posters will be coming out over the summer.

The Journal Club had some excellent presentations. In December, Dr. Jonathan Gregory presented on “Helpful or Hazardous? The Role of Smartphones in Inpatient Child and Adolescent Psychiatry.” I presented on “Walk-In Services for Children and Families” in February. In April, Dr. Joy Abramson presented on “Weight Bias Among Health Care Professionals”. I want to express my thanks to Dr. Javeed Shukhera for taking over the role of coordinating the Journal Club for the end of this year and going forward”.

Brenda Davidson is Research Coordinator for the DCAP. Her organization and assistance with research organization and development, including data input and collation of the annual research report is invaluable and she adds the following comments:

"The Division of Child and Adolescent Psychiatry focuses on Applied Research. All of the core and adjunct faculty are practicing clinicians, with deep understanding of their research areas. Topics range from

investigation of the effectiveness of treatments for specific disorders, to the development of comprehensive measurement tools, and service systems issues. There are many opportunities for Residents, Psychology Students and Clerks to become involved in research in the Division of Child and Adolescent Psychiatry and we are observing increasing involvement.

One of the strengths of the Division is its focus on collaboration, and researchers collaborate with partners not only from Western e.g. Western Faculty of Education and local service providers, but also from universities and organizations around the world e.g. the interRAI CHYM. Under the DCAP research Planning Objectives, the Research Working Group is striving to encourage research productivity.

- To keep members of the division informed about each other's research.
- To increase the level of collaboration between our research faculty and clinical faculty.
- To identify faculty members' needs for continuing education in research.
- To improve co-ordination of research projects within the division.
- To assist residents / clerks in identifying potential research mentors and projects.

With faculty demanding and busy schedules, research can be quite challenging and yet it is fundamental to acquire a deep understanding in research which can lead to many opportunities with careers in medicine. In order to lend-a-hand to encourage research within the Division the following actions have been implemented in which all have proven successful.

- The Division of the Child and Adolescent Psychiatry (DCAP) Research Half Day Conference

In November 2013, the first DCAP Research Half Day Conference was introduced to faculty and to the community. The intent of the half day conference is to encourage all faculties in child/adolescent/paediatric professions, residents and students, and professionals in the community to attend and collaborate. The Half Day Research Conference in 2013 and 2014 were well attended, and in 2015 the conference attendance reached 98.

From the feedback, attendees very much preferred the poster presentations and panel discussion.

To make the DCAP Research Half Day Conference exceptional, it was decided to have “Panel Discussion” with three key note speakers, and longer “Poster Presentation” time. The 2017 DCAP Half Day Conference, November 30, 2017 from 8:00 am to 12:30 pm, is now in development.

- The Division of Child and Adolescent Psychiatry (DCAP) Semi-Annual Research Report.

The semi-annual report has added another section, entitled, “On-going Research Activity”. Faculty are asked to list their research that is on-going/presently active or research that faculty are interested in starting. This section does not include publications, funding information, or presentations. The intent of this is to open communication among researchers to possibly collaborate. This information is only shared with the DCAP Research Working Group.

A tracking record has also been introduced for research reporting. The tracking record will assist in identify faculty on-going interest in research".

THE MANDATORY PEDIATRIC ROTATION

This academic year, Dr Aleksandra Nowicki took on the role of coordinating the mandatory pediatric rotation. This is an experience that aligns with our collaborative role with Pediatrics.

We much appreciate her taking this on and are thankful to Tracy Henebry for providing the administrative support.

Dr Nowicki reports: "The mandatory pediatric rotation in psychiatry was revamped for this coming academic year. After meeting with pediatric program directors and resident representatives along with DCAP, several changes were made to enhance learning, clinical experience, skill development and provide more consistent supervision. The rotation will consist of 4 weeks with emphasis on development of clinical skills.

While residents will work with one primary supervisor, they will have the option of pursuing additional clinical experiences based on their own individual learning goals with other supervisors. Residents will be provided with information on specialty clinics and supervisors and will be able to contact them to arrange this. In addition to learning around cases with their primary supervisor and allied health care professionals, opportunities to attend formal group learning events will be encouraged and there will be an expectation of completing a presentation. The existing bi annual seminars to address key areas of psychiatry will continue to be offered. Call requirements will shift to day time coverage of the ER when resident supervisor is on call, and Friday on call coverage for those residents whose supervisors cover weekend call. Lastly, an interviewing skills demonstration, along with numerous resources and articles were compiled and will be accessible to residents to facilitate their learning.

CLINICAL ACADEMIC LINKAGES:

As an Academic Health Sciences Network, we are blessed with academic affiliation agreements with our Children's Mental Health Agencies.

Dr Ajit Ninan is Site coordinator for CPRI and reports on the academic initiatives from **CPRI**:

“Undergraduate medical students and psychiatry residents are assigned to a specific psychiatrist as their supervisor, and they experience clinical supervision in a wide range of clinical settings at CPRI, including ambulatory assessments, inpatient treatment, and specialized clinics.

Curriculum Development

CPRI full-time clinical academics provide significant input into the development of the CAP psychiatry clinical experience and in curriculum development, participating in leadership roles and as members of relevant training committees.

Didactic Contributions

All full-time clinical academic psychiatrists and a number of limited duties' clinical faculty at CPRI provide didactic teaching in the Division by participating in the following lecture and seminar series:

1. Participating as PCL seminar leaders for 1st year medical students
2. Teaching in the Meds5207 course: Introduction to Psychiatry for 2nd year medical students
3. Participating in the lecture series for 3rd year clinical clerks
4. Teaching in the Model Lecture Series for 3rd year residents in Psychiatry
5. Participation in the CAP Subspecialty Teaching

Administrative Roles

Individual full-time clinical academic psychiatrists presently participate or previously participated in the following administrative roles in education:

1. Membership on the Residency Program Committee for CAP Subspecialty Training
2. Membership on the Department of Psychiatry Continuing Professional Development Committee

Membership on ad hoc committees (e.g. Annual DCAP Symposium Committee, DBT Advanced Training workshop)

Dr. Naveed Rizvi is the Physician Lead for the **Tele-Mental Health Service. “CPRI Hub”**

This year the Telepsychiatry Program celebrated its 10th anniversary. I have been privileged to be associated with many CPRI innovations that have reached out into the community and facilitated access to specialized services where this access would otherwise have been very limited or non-existent.

Every aspect of the program warrants celebration at this special 10-year milestone. The ongoing commitment of Dr. Naveed Rizvi has been exemplary. In his inimitable way, he steadily leads the service and role models a generous and gracious participation in the program, in spite of the many competing demands on his time. Rhonda Persichelli and Susan Thomson have been unfailing in their administrative support for the families and service providers who access the program. Thank you to the vision of the Ministry of Child and Youth Services who were able to visualize the return on their investment for this program, especially for rural and underserved areas. The collaborative connection with the

Western University Division of Child and Adolescent Psychiatry has facilitated access to specialist Child and Adolescent Psychiatrists.

Dr Rizvi reports:

"The CPRI Hub of the Tele-Mental Health Services continues to provide clinical and program consults as well as education to all publicly funded community professionals, working with children and youths in the rural and remote communities. The majority of referrals continued to be for clinical consultations from MCYCS Children's Mental Health Agencies, Family Health Teams and Family Physicians, although there is an increase in the number of program consults offered to community providers.

Fiscal Year: June 1 2016 – May 31, 2017

Clinical Consults 438

Program Consults 87

Education Sessions 8

Total Completed Services 533

57% come from MCYS agencies

27% from Family Health Teams

12% from Hospital

2% from schools

2% from CCAC

10 years as a Hub in April 2017:

In 2007 we had our first video conference, now 10 years later we have provided **2786** clinical consultations, (psychiatric assessments and treatment recommendations); **267** Program Consultations (regarding team/program / systemic issues) and **131** education opportunities to a range of community based agencies and the children and youth they serve.

CPRI Hub Poster Presentation on “Capacity development within Rural Communities for Child and Youth Mental Health: The CPRI Hub” at The Ontario Public Health Convention on March 29-31, 2017.

The CPRI Hub team conducted an online survey to evaluate 'Capacity Building' by assessing the overall influences of Tele-Mental Health Services on clinical practice, or skills of the clinicians in the following areas:

- Screening/identifying symptoms for mental health problems
- Implementing therapeutic interventions
- Collaborating care with community partners
- Usage of CPRI Hub's Tele-Mental Health services and
- Identifying any barriers to the services.

Conclusions:

Improved Access

- Reported timely access to child and youth psychiatric care in rural areas
- Access to a range of mental health professionals

Knowledge Mobilization

- Increased knowledge and ability to implement strategies to other clients exhibiting similar symptoms
- Access to professional development

Technology

- Use of technology provides accessibility in rural areas resulting in reduced travel for clients and family
- Reliable: < 2% of consultations not completed due to technology failures

Increased Capacity

- Improved community collaborative practice
- Empowered to implement recommendations by discussing and clarifying recommendations with the psychiatrist

The CPRI Hub team would like to express thanks and appreciation to our TMHS Hub partners for their support and collaboration as well as to our team of consultants for providing excellent clinical and program consultations as well as educational sessions. Feedback from community providers consistently indicates these services as, timely, clinically relevant, effective and highly valuable in building capacity to improve

children and youth mental health services in rural and remote communities.

The CPRI hub Team continues to work in collaboration with the “Telemental Health Coordinating Agencies” and “Telemental Health Central Intake” as well as with Community Providers. This has improved utilization of Telemental Health Services and a consistent increase in the number of referrals.

To meet this challenge, the CPRI hub will continue to look for support from our partners including: Child and Parents Resource Institute (CPRI), Division of Child and Adolescent Psychiatry (DCAP), Schulich School of Medicine and Dentistry, Western University, London Health Sciences Centre (LHSC) and Parkwood Institute - St. Joseph’s Health Care.

Residents in Family Medicine, Pediatrics and Psychiatry as well as Child & Adolescent Psychiatry fellows are welcomed to participate in Telepsychiatry consultation at any time during their training. PGY-III Psychiatry residents are required to do one Telepsychiatry consultation during the core child psychiatry rotation."

Vanier Children’s Services is a second, valued academically affiliated site.

Dr Ray Egan, site coordinator at Vanier reports:

“This will be my first annual report of activities at Vanier Children Services.

A treatment plan, which integrates the psychotherapeutic, developmental, social and biological needs of each child, is the ongoing objective of new assessments at Vanier from the community and residential programs. To achieve this goal there is close collaboration with psychologists Dr. Carla Smith, Dr. Sabrina Chiarella and Dr. Esther Goldberg and Child and Family Therapists and Child and Youth Case Managers. We also continue to join with the School Community

Intervention Program at Vanier biweekly to see children referred from schools in the Thames Valley district. Setting aside time each month to discuss potential new Child Psychiatry referrals, wait list times have been kept down to a few months.

A highlight of working at Vanier is the opportunity to see very young children referred by the Early Years Team. Observing these children in the Specialized Kindergarten Classroom on site at Vanier further enriches and informs each consultation. Understanding the internal world of each child as it is communicated through words, gestures and play is an important part of each individual Child Psychiatry Assessment and provides a rich training opportunity for our residents.

Vanier has a rich tradition of Family Therapy teaching and we are thankful that two very experienced Child and Family Therapists, Devonne Strachan and Julia Dunlop, both from the Early Years Team have volunteered their time to supervise residents in Family Therapy: Thank you to Dr. Jeff Carter for helping make this happen.

We are excited about the forthcoming academic year as we welcome Family Medicine Residents, Child and Adolescent Psychiatry Subspecialty residents and Pediatric residents”.

OTHER CLINICAL ACADEMIC INITIATIVES

Transitional Age Program

As the Psychiatrist Project Lead for the Transitional Age Program in London, Dr Javeed Sukhera has lead this initiative, together with Dr Elizabeth Osuch, Psychiatrist and Program Director First Episode Mood and Anxiety Program(FEMAP)together with community partners. This is another training opportunity in a much needed area of practice that is recognised in the CAP OTR as a selective for CAP Subspecialty

trainees. The DCAP has discussed conceptually, a vision that would follow the University of Toronto Academic Division in establishing an academic partnership with those psychiatrists who are working with young adults to bridge the divide between youth and young adulthood.

As an enthusiastic leader in this endeavour, Dr Sukhera reports on the developments over the past year:

“Since the inception of the London Health Sciences Centre Transition Age Project in the fall of 2013, the Transitional Age Program has been developing towards the piloting of innovative clinical services and this year we launched a pilot clinical service: “Cornerstone Counseling” in collaboration with the Canadian Mental Health Association, Youth Opportunities Unlimited, Mindyourmind and Addictions Services Thames Valley. Cornerstone Counseling is a clinical service providing brief solution focused addictions and mental health treatment for youth between the ages of 16-25 after hours. Cornerstone Counseling is a non-crisis service and includes social work, addictions counseling, peer support and psychiatric consultation. The service was co-created with our community youth advisory council and demonstrates a model of clinical service design, delivery, and evaluation consistent with our research on mental health services for emerging adults. Our paper was published in the Canadian Journal of Community Mental Health. The program has also been working with community partners on establishing a co-created transitions protocol for youth who are transitioning between child and adolescent and adult systems of care in both community and hospital contexts. The Transition Age Protocol team includes partnerships with the Ministry of Child and Youth Services lead agency and the Ministry of Community and Social Services sector. A future vision for the program includes working with community and hospital to develop a community youth service hub with

sustainable operational funding. A future hub may include both first episode and transition age streams which will be exciting to move forward once funding is established”.

Perinatal Women’s Mental Health Program

In the realm of Role Model and in Health Care Leadership, Dr. Haensel has made very significant contributions. In 2011 she actively participated in an Appreciative Inquiry cycle including hospital, academic and community partners with a vision of creating a Women's Mental Health Program as a hospital hub in partnership with community providers. She was instrumental in designing a Perinatal Mental Health program utilizing an Attachment Framework and nested in the Women's (Ob/Gyn) Department at LHSC. In 2012 she became the Physician Lead for Women’s and Children’s Consultation Liaison Psychiatry at London Health Sciences Centre (LHSC) and following the visioning process a year earlier, she developed a unique Perinatal Mental Health Program, embedded in the Women's Program at LHSC and with strong collaborative community connections. This clinic is now well established and in high demand. For this developmental innovation she received the Department of Psychiatry Clinical Innovation Award in 2013. The clinic continues to grow and flourish under her leadership and enables students from different and related specialties to experience a unique inter professional training opportunity. She has been able to sustain and even grow this clinic. She sits on a multiagency community committee enhancing women’s mental health and engages with multiple stakeholders in other relationships and venues. She won the Clinical Innovation Award, Department of Psychiatry in 2013 for her work in establishing the the Perinatal Mental Health

DR HEIDI HAENSEL REPORTS: _

Last but not least.....

There continues to be an ongoing tension between the heavy clinical demands for all of our services and academic productivity of our psychiatrists as well as other clinicians who contribute so actively to interprofessional teaching and research. I would like to take this opportunity to thank you for your commitment to our academic and clinical care missions. Hopefully we can sustain a person and family centred system that feels so right to us in child and youth mental health.

This is my final report in a 5 year term as DCAP Division Chair. I hope I have served the field in the best way possible. I will continue to work as a full time clinical academic Child and Adolescent psychiatrist, engaged in clinical work, teaching and research. At a provincial level I will continue my work with the AMS Phoenix Project and as Chair of the AMS Phoenix Fellowship Committee. At a national level, I have accepted the invitation to serve as Ontario Rep on the RCPSC Specialty Committee.

Finally, a warm welcome to Dr Frank Symons who will join us as a full time clinical academic member of the DCAP, Department of Psychiatry on July 10, 2017. Dr Symons is a Western graduate who has just completed his CAP Subspecialty training at Memorial University and he will be at Parkwood and LHSC, clinically.

Sandra Fisman

Professor and Chair, DCAP

Department of Psychiatry

Schulich School of Medicine and Dentistry

Western University

